

# LOOKS EAST

The Newsletter of The Rotary Club of Ipswich East  
Edition 08-2021 : 27<sup>th</sup> April 2021

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David Knights  
Bob Izzard  
John Clements  
Catherine Forsdike

**Club Zoom Meeting with Guest Speaker  
Lewis Tyler  
BBC Radio Humour Tuesday 27<sup>th</sup> April  
starting at 7.30pm**

**President David Chittick (VofT) and Bill Pipe (Notes for magazine)**

## Hidden Ipswich – Owen Thurtle.

Your Editor admits... “There was a mix up (my fault) over the responsibility to take notes from our most recent talk. Fortunately it was recorded and the I have watched the recording to prepare these notes.”

Owen Thurtle has been an Ipswich Town Guide for the last three years. Owen is a former GP, a licensed lay minister at St John’s Church (he acknowledged that he was guided through training by Alan and Catherine Forsdike). He is a trustees of Headway and is a musician.

Owen began by reminding us of the age of our town. Ipswich dates back to Saxon beginnings in the 7<sup>th</sup> or 8<sup>th</sup> Centuries. It is the oldest English speaking town in England (they spoke Latin in Colchester!!) Southampton, York and Londinium number with Ipswich as early settlements.

Since those early times, Ipswich has had its fair share of good and bad times. An important port for centuries and a hive of industrial activity in the 19<sup>th</sup> and into the 20<sup>th</sup> Centuries, Ipswich’s buildings have suffered by the vagaries and necessities of change. Sadly, no patches of mediaeval Ipswich exist in the same way that they do in Bury St Edmunds.

Owen describes the changes to our town centre churches - for example, St Mary-le-tower is a Victorian replica of a much earlier building and actually has a spire atop its tower.



A style of window coined as the ‘Ipswich Window’ is best seen on The Ancient House but is replicated in several other buildings but found nowhere else in East Anglia.

The beautiful early Georgian ‘Sailor’s Rest’ (St Peter’s Street/St Nicholas St corner) was saved from demolition thanks to the actions of the Ipswich Society in the 1970s (Owen said 20-odd years ago but your Editor recalls differently!) It was not a pub or a hostel as the name might suggest but once the HQ of a sailors’ charity.

Many gems in Ipswich are now hidden - we do have 12 mediaeval founded churches now surrounded with modern developments and needing to be sought out. Owen said 6 are currently used for worship (see footnote). Saxon carvings can be seen inside St Nicholas.



When working on 'Pickwick Coffee Shop' a decorator revealed a painted description on the wall reminding us locals with long memories that this was once 'Scarborough Opticians'.

The building is good early example of the art nouveau style.



Also well hidden Lower Brook Street are some rather unremarkable houses one could easily miss but the famous architectural historian Pevsner describes them as having some of the nicest Georgian houses in the town (shown below)

St Mary at the Quay has one of the oldest double hammer-beam roof in the country.

Exceeding that, the oldest ring of bells in Christendom in St Lawrence church, cast in the 15th century.

Red Rose Chain now occupy Gippeswick House once the family home of the Garrod family, a GP who went to work in London and discovered he link between uric acid and gout. The first to recognise the difference between rheumatoid arthritis and osteoporosis arthritis.



The Customs House on the docks (below) is three times the size of the custom house in Newcastle upon Tyne.

Well known (as it's not hidden) is this building on the corner of Soane Street and St Margaret's Plain - once a lodging house for the priory that was once where Christchurch Mansion stands.



Owen wondered how many of us had noticed the bressummer beam at first floor level. Several examples remain in Ipswich, including the Church hall of St Margaret's Church in Bolton Road dated 1612.

Another good one is at the lower end of Grimwade Street - known as 'The Captains' Houses' they were used for collier captains who were holed up over the winter waiting to return to Newcastle to bring back more coal.





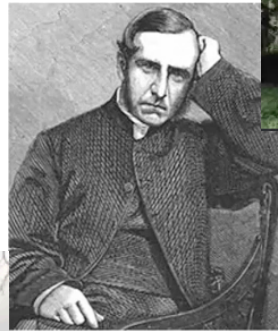
'Castons', John Button later pointed out, occupied the row from 1953; the building boasts the longest bressummer beam in the county and possibly the country.

Easily missed is this memorial in St Mary-le-Tower churchyard to a martyr of the Church of England (John Patteson - after whom the road is named). He was once Bishop of the South Sea Islands but came to a sticky end. His link to



Ipswich was through his wife who was a member of the Cobbold family and arranged for an appropriate memorial to this remarkable minister.

Owen concluded with a photo of the newly completed 'Hold' - the home of the Suffolk Record Office which is to be the base for tours by the Ipswich Town Guides.



In the Q&A session after the talk, several people remarked on the necessity to look up when walking through the town and see the history above the modern shop fronts. Owen added that the buildings are sometimes older than they appear because the Tudor fronts were removed in Georgian times to wider roads.

*Alan Forsdike*



**FOOTNOTE**

*It's worth recording that, whilst Owen said 6 of the mediaeval churches in the town are still used for worship, that is not quite correct.*

*St Nicholas Church is the present home of 'Bridge Church' a new worshipping community as a church plant from St Matthew's.*

*Quay Place (formerly St Mart at the Quay) will soon become another new worshipping community. As a plant from St Augustine's Church, 'River Church' will occupy the building and will let out the community conferencing and meeting spaces.*



The Rotary Club  
of Ipswich East

Organisers for over 40 years of the  
sponsored Orwell Walk & Run

27<sup>th</sup> April 2021

Keep  
smiling!!



# The Golden Days of BBC Wireless Humour

By Lewis Tyler

With thanks to Spencer Greystrom for research & presentation



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we had a splendid presentation recently)  
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# Rotary District 1080 Grants Fair

*Notes from President David on this last weekend's presentation by David Pritchard and Geoffrey Harrison.*

**Safe water for children in Western Zambia** Kabule Technical Secondary School in Western Zambia for 872 pupils has an erratic water supply looking for money to install a borehole. Pump powered from solar panels. Looking for £2,500

**Mark Little: Modern Slavery and human trafficking** The fitting out of a safehouse in largest red-light-district in the world Sonagachi in Kolkata. Prostitutes are mainly Nepalese, Indians and Bangladeshi women. Many women are trafficked.

**Anna Cotterel** - The model inclusive school project Ho, Ghana Resource and Assessment centre for disabled children see Kekeli Foundation Disability Rights Fund. Donations to provide equipment to enable disabled children to access mainstream education.

## **Rotary Ely Herewood and the Rotary E-club of Innovation**

are involved with the setting up of Teach the Teacher centres in Ghana. Each centre is in a different tribal location. All are linked with the Technical and science centre in the capital, Banjul. Similar facilities to teach the teachers remotely are already working successfully in other parts of Africa. The project is to provide a PC and projector in each centre, costing £1600.

## **Irene Childerley and John Martin of Rotary Cambridge Sawston**

Bantaba Project Centre in Ghana. Have set up a community Education Centre. A report published in January 2021 on the club's website states: 'The next planned phase is digging for a borehole installing solar panels and pumping water to the centre. This will enable the kitchen, nursing room and toilet and shower facilities to be completed. The building of the workshops and the community hall will be completed when funds are available - £15,000 would complete the buildings, making them ready to serve the community'.

**Rotary Club of Ipswich** - Ian Rossiter working with Rotary Billericay Mayflower: Provision of toilets and hand washing facilities in a school for boys and girls in Moldova. Linked to shoe boxes delivered to Moldova and TEECH who installed toilets in schools

**Carole Samuel Rotary Downham Market.** Refurbishment of Skorovatichi school in Belarus. The population was adversely affected by the Chernobyl disaster

**Roy Sherlock of Rotary Reepham.** Project to create two pens at Whitwell Hall to breed red squirrels that are rat proof, using either a steel container that is cut in half or 30 foot steel hull of a fishing or crabbing boat. Cost estimated at £5-6,000. Expressions of interest or the donation of a container or boat are requested at this time.

**Edward Say of Rotary Cambridge** presented a project to provide 4 air medical standard filtration units for each of the therapy rooms at the Cambridge Cancer Help Centre. These enable users of the centre to meet face to face. Cost of £1,000 per unit

**Peter Tusker Grace Home Orphanage in Kathmandu.** The orphanage has its own borehole. Provision of solar panels, inverter and batteries to provide electricity and hot water costing £3,000.

**Patricia Parker Rotary South Holland** set up the charity kids for kids. The charity works in Darfour, 5 goats are leant to the poorest families. Nanny goats are bred to produce milk. After 2 years the goats are passed onto another family. Karantina Hospital in Beirut damaged by the explosion in the port see presentation on District 1080 website by Habib Saba from Rotary Beirut Cosmopolitan. Donations will go towards the refurbishment of the paediatric and neonatal operating theatres and ward.

**Lend with Care - Shelterbox** There is a list of which projects received donations from clubs in the District last year. To find it look on the Club Assembly page and click on International on the right hand side of the screen.

## Forward Programme of Meetings

Tuesday 11th May	Zoom Club Meeting with a talk from Suffolk Family Carers on supporting Young Carers during the pandemic <i>Duty Rotarians: Richard Porter (VoT), Toby Pound (notes)</i>
Thursday 13 <sup>th</sup> May	Annual Golf Day
Tuesday 25th May	Zoom Club Annual General Meeting <i>(grant distribution put to member vote)</i>
Tuesday 8 <sup>th</sup> June	Zoom Club Assembly
Tuesday 22 <sup>nd</sup> June	Zoom Club meeting with guest speaker (tba)
<b>FIFTH TUESDAY OF JUNE</b>	
Tuesday 29 <sup>th</sup> June	50 <sup>th</sup> Anniversary lunch at 'The BoxTree' Restaurant founder members will be guests of honour presentation of commemorative gift to founder members also distribution of commemorative lapel pins
Tuesday 13th July	Zoom Club meeting with guest speaker (tba)
Tuesday 27th July	Zoom Club meeting with guest speaker (tba)



### Tuesday 13th May 2021 Ipswich Golf Club

The Golf Day will be an important event this year as it is one of the few opportunities to raise money for our Benevolent Fund.

If you wish to sponsor a hole or green for £100, contact Chris Harrall on

01473 726655 or [chrish@charrallassoc.com](mailto:chrish@charrallassoc.com)

*Please also contact Chris if you (as a member of Ipswich East) intend to enter a team this year or if you know of any other potential golf teams.*

*We currently have 23 teams to date, so there is capacity for a further 7 teams. It would be good to secure 30 teams to maximise revenue.*

If you wish to donate a prize for the raffle, which usually raises £650, you can drop it off at Chris' home or he will arrange collection.

Unfortunately, we are unable to offer any discounted green fees to Ipswich Golf Club members, as Kevin Lovelock, manager at IGC has offered us a very beneficial green fee.



# Photographic Memories of Ipswich East Rotary Club's 2013 Farewell Dinner at Seckford Hall at the end of the visit from our friends from Ipswich Mass.









# Socially Distanced Tea in a delightful garden with glorious weather and splendid company.

After the chill illustrated in the last newsletter, it's good to see this example of much needed Rotary fellowship shared in Tony & Beryl Dodds immaculate garden on Thursday last week.

We were blessed not just with good weather but a full English Afternoon Tea with wine to finish. Two and a half very relaxed and happy hours.

A big 'thank you' to Tony & Beryl from Toby & Denise, Alan & Catherine and their dog Tolly.

*(Tony carefully set up the timer on his tripod mounted camera. Whilst he didn't fall over the tripod on his way back to his chair he didn't quite make it the first time despite us calling out, "It's ok, we can see the flashing light; the timer's working!")*



*Have you hosted or attended one? Send the Ed some photos please.*



## At our last business meeting members agreed to support the Rotary Forget-Me-Not Project.

This is a low cost project with the aim of raising the Club's profile within the local community, whilst also sending out a message of positivity as we ease out of lockdown. The name of the plant is poignant in that it will stand to remind us of those who sadly lost their lives to COVID.

Members are invited to grow forget-me-nots from seed, prick them out individually into eco-friendly newspaper or toilet roll pots and distribute them for free to their local school, neighbours etc or to have them at the end of their drive for passers-by to pick up.

I hope members will source and fund their own seeds (prices from about 45p for 200 seeds) and compost (£5 or 6 a bag at B&Q).

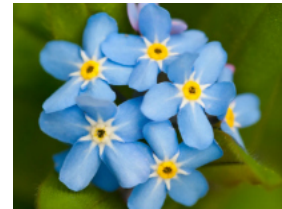
You will need to make your own newspaper/toilet roll pots - see the link below for instructions:

From newspaper:

<https://m.youtube.com/watch?v=pSjab0Re2fA&feature=youtu.be>

Or from toilet roll centres:

<https://m.youtube.com/watch?v=XjdeX0g34e0&feature=youtu.be>



Seeds can be sown anytime from now until July. Early sowings may flower this year but most will flower next Spring. They will self seed, will grow almost anywhere, are bee/pet friendly and are non-toxic.

You will be emailed an information sheet to print off with the Rotary logo on it, the Club's website details and simple planting instructions for the recipient. This can be cut up and stuck to the newspaper pots to help spread the message and the word of Rotary.

If you would like to participate in this project then please let me know - [jo.banthorpe@btinternet.com](mailto:jo.banthorpe@btinternet.com) or 07918 145399 - and indicate where you intend to distribute your plants, so that we don't end up doubling up.

I hope we can all join together to spread the word and sow some joy! Thanks, *Jo Banthorpe*.

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## Ipswich East / Ipswich Mass Twinning

The International Committee announce that the revised confirmed dates for **Ipswich East** to visit **Ipswich Mass** are **Wednesday 31<sup>st</sup> August to the 7<sup>th</sup> September 2022**.

Members are asked to email George McLellan with their 'expressions of interest' as soon as possible and those who are 'thinking about it', should make a diary note now.







# The Orwell Challenge

**27th June 2021**  
44th year

Register online at:  
[www.orwellchallenge.co.uk](http://www.orwellchallenge.co.uk)

- Walk or run along the beautiful Orwell estuary
- Raise funds for your chosen charity or good cause
- Walk between 3 and 25 miles
- Validated trail marathon and half marathon

 [OrwellChallenge](https://www.facebook.com/OrwellChallenge)

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