

LOOKS EAST

The Newsletter of the Rotary Club of Ipswich East - D1080 | 2024-25, Edition 2: 15th July 2024

UPCOMING MEETINGS

Tuesday 16th of July at 12:55pm
**Speaker meeting: Bashor Ali, from
AI Tazid Foundation**
Menu: Bangers and mash
D.R.: Jem Doncaster & Nigel Farthing

Tuesday 23rd of July at 12:55pm
Business meeting
Menu: Lasagne, chips and salad
D.R.: Karen Finch & Steve Flory

Ipswich Bowls Club

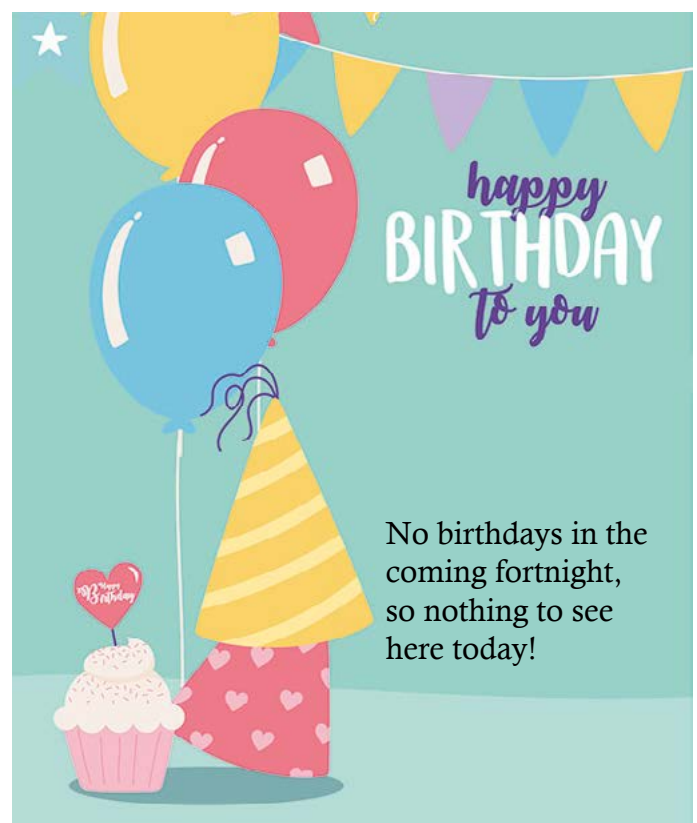
CLUB OFFICERS 2024-25

<i>President</i>	Ewan Dodds
<i>Sen vice-president</i>	Steve Flory
<i>Junior vice-president</i>	Steph Mackentyre
<i>Immediate past-president</i>	George Woodward
<i>Secretary</i>	Robin Needham
<i>Treasurer</i>	Neill Keveren
<i>Club service</i>	Steve Flory
<i>Community service</i>	Andy Lewis
<i>Foundation</i>	Bob Parker
<i>International</i>	Mark Murphy
<i>Vocational</i>	Ed Nicholls

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Newsletter editor: Eva Alcerreca
iercnewsletter@gmail.com



PRESIDENT'S VIEW

Thank you all for attending my Club Assembly in such good numbers, which I really appreciated. Our new venue has been a great success and the food and service excellent.

In my presentation, I sought to reinforce my aims (I appreciate lengthily) to balance and respect the long traditions of our fine Club with a nod to new ways of thinking, ways I feel are more reflective of the society and community we work within and those that more closely reflect my beliefs. I do appreciate that some find change troubling, but done in the right way and with the right approach, I believe such change can be hugely beneficial.

Having been elected as your 45th President, which is a massive honour, I would like to use my term to try and achieve some new things, so rather than being seen as negative, or in any way demeaning to those who have gone before, I am hoping to take a new look at the way we do some things, I hope in a way that will benefit us all, be seen as beneficial to our Club and the society and community we serve.

So firstly, fundraising. Very simply, I would like to focus on how we can raise more funds than we do. As the largest Club in District, shouldn't that be a good aim?

Secondly, I would like to build on the brilliant work Andy and his decreasing number of willing and able volunteers do in the community. How, perhaps through more collaboration in the community?

And, how can we make our Club a more attractive proposition for would-be and younger members from all sectors, including from the business community. While I appreciate this is difficult for some, challenging sacred cows or adopted practice is part of this process.

Thank you therefore to the good number of you who have responded positively to what I have put forward I appreciate at this stage at a high level (yes, I don't have the answers yet, but working together, I do hope we might find them) and some who have been less enamoured. To those, I hope

I can encourage you to be receptive at least in any small way to a different approach.

Finally, can I reiterate my thanks, and those of you all to Bill Robinson and Steph Mackentyre for their sterling work as Club Secretary and Speaker Finder and to welcome both Robin and Michelle into their new roles, and also to George for steering our Club for the last 12 months. It can be both a rewarding and challenging job leading any organisation and I am hugely grateful to him for his devotion to our Club, his wise words and encouragement to me as I take over.

Your Sincerely,

Ewan Dodds FRICS



RECENT MEETINGS AND EVENTS

Club Assembly

Some photos from Club Assembly, which took place on the 3rd of July, and which ended up being also the Handover from President George to President Ewan. Steve Flory received the Vice-president chain as well, and we had Linda Eastaugh, from District, attending the event.



Lynda Brignall, from Suffolk Hedgehog Hospital

By David Chittick

Lynda, who has worked as a midwife, gave us a fascinating talk full of facts about the life of hedgehogs, also known as hogs, which are solitary animals. They are now classified as being vulnerable to extinction in Great Britain. In the 1950s, there were 30 million of them, now it is estimated the population has dropped to half a million hogs. If it weren't because of wildlife rescuers, it is possible that after 25 million years of existence in Britain, the hog would already be extinct.

There are 17 species of hedgehogs in the world spread over Europe, Africa and most parts of Asia. In New Zealand, where they were introduced in the hope that they would control pests, they have

unfortunately taken to eating the eggs of ground nesting birds and are therefore classified as pests!

In one year, females can have 2 or even 3 litters of between 2 and 7 hoglets. Sows are induced-ovulators, only producing an egg after having accepted a boar to mate with. Hogs live for between 2 and 6 years. They are omnivores: worms, caterpillars, insects, beetles and grubs are the staples of their diet, but they are prepared to eat frogs, roadkill, birds eggs and even small mammals if their preferred food is scarce.

If you see a hog walking purposefully in the day, it is likely to be foraging for food for its young or

finding material to build a nest, since they normally just come out at night.

Over the winter they hibernate here, but in hot climates they hibernate in the hottest months to conserve their calories.

Lynda runs a branch clinic of the Suffolk Hedgehog Hospital at Great Barton. She rescues 100 hogs a year, of which around 80 survive to be returned to the wild. She brought little Hubert with her to the meeting, a five-week old hoglet, as he currently requires feeding every 2-3 hours. He weighed just 88g when he was found next to his dead mother. At the clinic, he put on weight up to the age of 4 weeks, then went off his food. Through examining samples of his poo, he was found to be infected with 4 types of parasites, each of which has needed a different treatment. His intake has since improved, and he is now making a good recovery.



Hubert the hoglet (just look at that face!)

Hogs can be poisoned through eating slug pellets. They can also be caught in snap traps; elastic bands can cause constriction of limbs as a hog grows, and netting is another big problem for the survival of hogs.

If you find an injured or sick hog, the advice is to place it in a high sided cardboard box, as they are surprisingly agile, and phone a hedgehog rescue. Suffolk has several hedgehog hospitals run by volunteers. If you have hedgehogs in your garden, Lynda suggests leaving cat or kitten biscuits and fresh water out for them. They can walk a mile each night along hedgehog highways and will make several nests along it, so may be absent from your garden for long periods.



President Ewan, our speaker Lynda and Jack Earwaker

Lynda brought copies of her books 'When I Come Out in the Day' and 'When I Go Out at Night'. They're fun, educational and beautifully illustrated.

Des Cunningham gave a good-humoured vote of thanks.

If you want more information about the Suffolk Hedgehog Hospital, click the link to visit their website:

[Suffolk Hedgehog Hospital](#)



Lynda's books about hedgehogs

ANNOUNCEMENTS

Rotary  Ipswich Orwell



Woodbridge Art Club & Guests

Summer Exhibition

**17th & 18th August 2024
at St Clements Art Centre
Fore St, Ipswich IP4 1JZ**

Donations to

**Cancer
Support**

Suffolk

Paintings | Pottery | Photography

Open 10am to 5pm – Free Entry

Photography course at the East Ipswich Camera Club

By Andy Mills

The **East Ipswich Camera Club** has space for a few more members.

Photography is very popular these days, especially amongst people who are retired, have time for a hobby and those who travel and wish to record their experiences. It is also an art form so very rewarding for those who enjoy art too.

The East Ipswich Camera Club's annual programme starts in early September and runs through to early July each year.

We have a full programme of events lined up for the 2024-2025 season to inspire and motivate members to explore and learn photography.

The East Ipswich Camera Club is a very friendly local club. A few members come along just for the social benefits and choose not to enter the competitions.

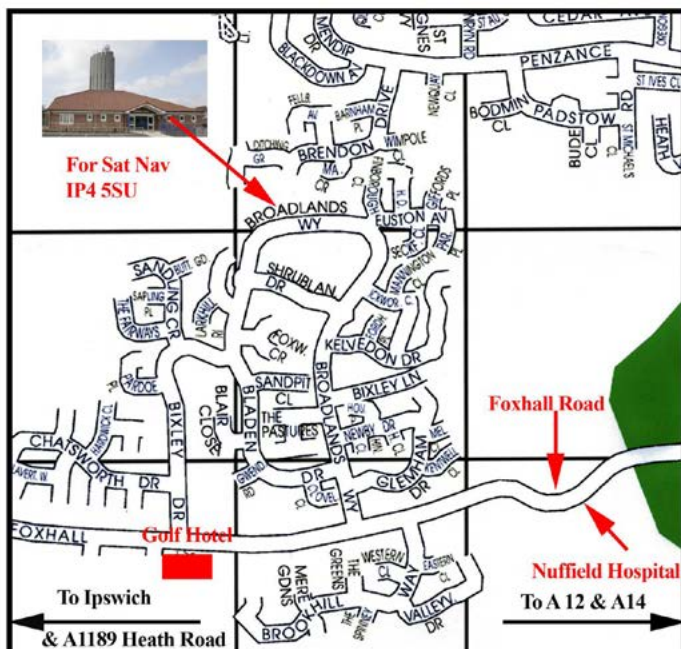
If anyone is interested in learning about digital photography and exploring this exciting and rewarding hobby, now is a good time to start and then to join the club in September.



East Ipswich Camera Club HQ

Tower Hall, 5 Broadlands Way, Rushmere St Andrew, Ipswich IP4 5SU.

NB: The only way into Broadlands Way is via Foxhall Road or Bixley Drive.



Enrolment evening is 3rd September 2024 – 7:30pm start at Tower Hall, Rushmere St Andrew (you can view the map for further directions). We meet on the first and third Tuesday each month, September to June.

Absolute beginners are very welcome!

We are also considering running a beginner's class over the summer to help get people started with digital photography.

We need to measure the level of interest, so if any of your members are interested in learning about photography, they can contact me and we can talk further.

Best Regards

Andy Mills LRPS
EICC Committee Member
M: 07773 402952

ROLLING CALENDAR

Date	Event	Date	Event
15th July	Ipswich East Rotary Golf Trophy. Ipswich Golf Club, 1:30pm.	9th August	Croquet evening at Ipswich Croquet Club. 3:00-4:00pm start. Contact Des Cunningham if interested.
16th July	Speaker meeting: Bashor Ali - Al Tazid Foundation.	4-11th September	Visit from our American twinned club friends from Ipswich, MA - Several events planned, keep an eye on club's communication channels.
20th July	President's BBQ (revised date) - at Bill and Monica Pipe's in Tuddenham. Details and registration via Wild Apricot.	18th September	Outdoor bowls , at Bealings Bowls Club. Tea and biscuit after game, limited numbers. Contact Des Cunningham if interested.
23rd July	Business meeting.	29 November - 1 December	Visit to twinned Club in Bad Salzuflen - Registration is now closed, but if you're interested in going, please contact Mark Murphy.
30th July	Fifth Tuesday: Picnic at the Waddling Duck (thanks to Judi and Ray Walters) - Details and registration via Wild Apricot.		
6th August	Speaker meeting: Phil Ramsay - Bee keeping project. Details and registration via Wild Apricot.		

DUTY ROTARIANS AND LUNCH MENU

Date	Duty Rotarians	Menu*
16th July	Jem Doncaster Nigel Farthing	Bangers and mash.
23rd July	Karen Finch Steve Flory	Lasagne, chips and salad.
30th July	Not needed	Fifth Tuesday. Picnic at The Waddling Duck - details and registration on Wild Apricot
6th August	Alan Forsdike Catherine Forsdike	Glazed gammon and pineapple
13th August	Roger Gilles John Goodship	Scampi, chips and salad

If you're unable to be a duty Rotarian, remember it is your responsibility to look for a replacement, and please notify our Secretary Robin as well as Steve Flory of any changes.

*Dietary requirements/Vegetarian option available upon request, please contact Steve Flory at steve.flory@hotmail.co.uk

UPCOMING PROJECTS UPDATES

We have a few projects and activities coming up, and volunteers are welcome. Please contact the relevant club member and join in!

- **Top-up shops** - this is an ongoing activity and people involved should already be in the loop of what's happening. If you want to take part, contact Andy Lewis.

- **Rotary literacy project at Stoke High School** - contact Toby Pound for more information.

- **RYLA** - We are now looking for candidates to sponsor for this year's RYLA, so if you know of anyone who could be interested and benefit from this, please contact Ed Nicholls at Edmund.nicholls@btinternet.com.

ONGOING COLLECTIONS

Remember we have an ongoing collection of ring pulls, as well as ink cartridges, which you can give to **Andy Lewis**.

The ring pulls are sent to the Philippines so that people there can make crafts to be sold, which helps them support their families.



John Button is still collecting postage stamps (they can be used ones), so if you're lucky enough to still receive any post with those, keep them and make sure to give them to him.

The Ipswich Rotary Club is collecting spectacles, which get forwarded to SpecSort York. After sorting and grading them, they're taken to Africa. Please contact the Club's secretary Ian if you can help: rossiter718@btinternet.com.



Orwell Challenge 2024 - Photo by Steve Flavell

Summer sports sessions at Ipswich East

By Des Cunningham

With warmer weather come more opportunities to do outdoor sports, so here are a few things happening:

Monday 15th July - Ipswich East Rotary Golf Trophy at Ipswich Golf Club.

Time: 1:30pm.

Details: 18 holes followed by dinner.

Friday August 9th - Croquet session at Ipswich Croquet Club (Bucklesham Road)

Time: 3:00-4:00pm.

Details: Please allow 3 hours per game. Maximum

number of participants: 34. Please wear flat shoes or trainers. Great game for all to enjoy, and all equipment will be supplied.

Wednesday 18th September - Outdoor bowls at Bealings Bowls Club.

Time: TBC.

Details: Tea and biscuits after the game. Limited numbers.

If you're interested in any of these activities, please contact me at my new email address (which has been circulated to the club).

This is one *cool* good boy.

Ali Baldry sent these photos and said:

"These photos were taken on a recent holiday and they made us smile. Our boy **Sobe** is nearly 12 now and struggles with arthritis and walking any distance, especially up hill!"



Well, Sobe still gets to enjoy his time outside, and very much in style, don't you think?

Thank you for sharing these with us, Ali!



Robin Needham 'giving a hand' at the Classic Car Show organised by the RC of Bury Abbey last Sunday.

Helping messy church sports in Rushmere

By Ed Nicholls

On 7th July and 14th July we were asked to help out on messy church sports on Rushmere estate. The idea is to ensure the estate is included into Rushmere and bring people together.

Both Sundays went off really well and Rev Alan wants to do more Messy sports days. My thanks go to Graham Bickers for lending us the junior footballs.

The Bröckedde Stories

By Alexander Hoffmann

Bröckedde is located in the heart of Germany - where the Rhine and Danube flow into the beautiful Bröckeddesee. This is where RC Bröckedde meets in the Bröckedder Hof every Wednesday at 1:00 pm in the Salon Hindenburg.

Facing hard facts

To strengthen RC Bröckedde's fellowship and team spirit, President Pröpke had suggested that in addition to wishing each member many happy returns on their birthday, the Club should add a modest but interesting present.

Younger Rotarians received the latest version of the social classic "Manners" written by Prince Asfa-Wossen Asserate. A recording of the Four Question Test had also really caught on; it had been set to music by the German singing star, Helen Fischer, accompanied by the equally famous violinist, Andre Rieu.

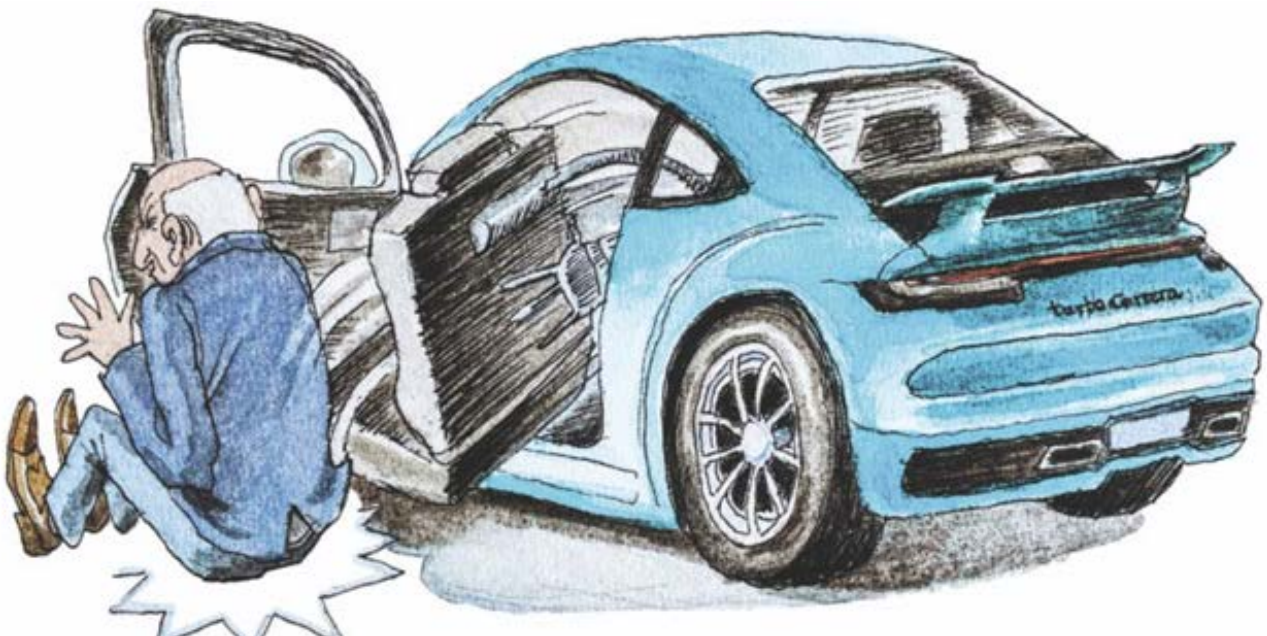
Older Porsche 911 drivers were hugely impressed as well; most could still get into their much loved cars but found getting out, rather more challenging. The much favoured Exit Set proved a great hit. On arriving at his or her destination, the driver presses a button, the door opens, the driver's seat slides to the side, tips and a blast of high pressure air blows the driver out of the car.

However, there remained a question over the Club's gift for its special case, Friend Sülzemoos. His attendance was always 100%, which the Club's intellectual, Professor Dr Krümelein regarded as very dubious. Friend Sülzemoos was extremely opinionated and had something to say about everything from Bayern München's next trainer to the EU's expansion eastwards or Immanuel Kant's later works. He was a dedicated internet surfer and would research each guest speaker in detail, so long discussions would follow each presentation. Whichever table he sat at in the Salon Hindenburg, members were astonished over how much he talked.

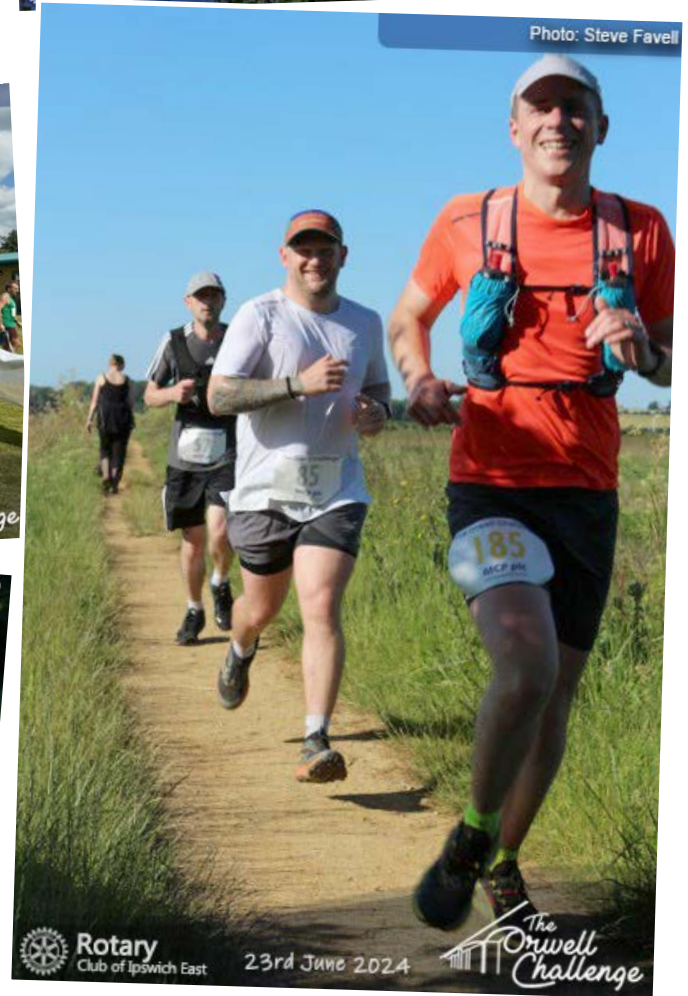
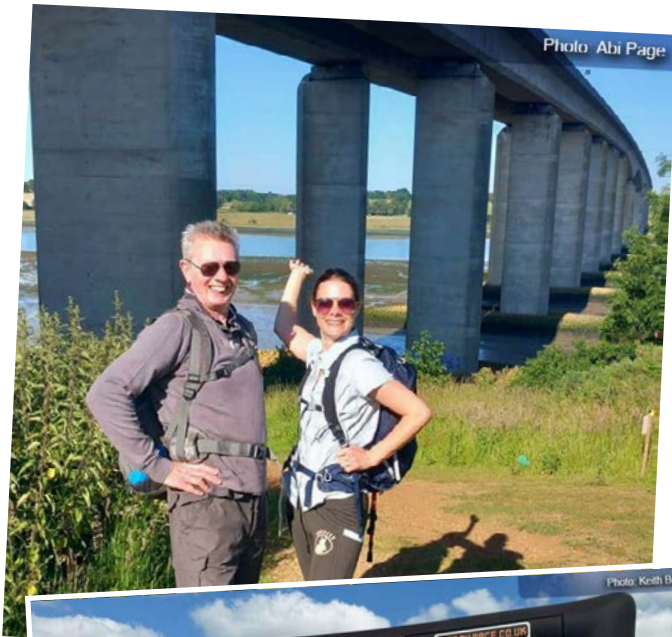
"I have a cunning plan", remarked President Pröpke to Treasurer Knödler, "but it's quite costly, we might have to dip into our reserves". After a look of total shock, a smile spread over the Treasurer's face as he listened to the detail.

When Friend Sülzemoos' birthday came around, President Pröpke presented him with the Club's present to great applause. The envelope contained a smart card and a voucher for a "Silence is Golden" relaxing, two-week retreat at a monastery in the beautiful Eifel mountains with an order of monks vowed to perpetual silence.

*Illustrated by Marcus Schäfer.
Translated by Colin Gordon, RC Uppingham*



A few more snapshots from the Orwell Challenge 2024



And that's it for today!

Just the usual reminder: to send photos, news, articles, stories, announcements, or any material (yes, even jokes) for publication in the newsletter, please address them to:

iercnewsletter@gmail.com

The deadline to receive items for publication will be the Friday prior to the next issue (so for the next issue, that will be 26th of July. Needless to say, I would be very grateful if members kept the deadline in mind for a timely publication of materials. — Editor

STAY PAWsiTIVE!



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