



LOOKS EAST

The Newsletter of the Rotary Club of Ipswich East - D1080 | 2024-25, Edition 14: 20th January 2025

UPCOMING MEETINGS

Tuesday 21st of January at 12:55pm
**Speaker meeting: Liz Rogers -
 Slimming World**
Menu: Beef bourguignon
D.R.: John Barbour & Eric Barnett

Tuesday 28th of January at 12:55pm
Business meeting
Menu: Chicken and gammon pie
D.R.: Martin Hinton & Lewis Tyler

Ipswich Bowls Club

CLUB OFFICERS 2024-25

<i>Acting President</i>	George Woodward
<i>Sen vice-president</i>	Steve Flory
<i>Junior vice-president</i>	Steph Mackentyre
<i>Immediate past-president</i>	George Woodward
<i>Secretary</i>	Robin Needham
<i>Treasurer</i>	Neill Keveren
<i>Club service</i>	Steve Flory
<i>Community service</i>	Andy Lewis
<i>Foundation</i>	Bob Parker
<i>International</i>	Mark Murphy
<i>Vocational</i>	Ed Nicholls
<i>Almoner</i>	Elizabeth Hughes

ON THIS ISSUE...

Recent meetings and events	2
Around Ipswich	2
Announcements	3
Rolling calendar	5
Duty Rotarians and Lunch menu	5
Upcoming projects updates	6
Ongoing collections	6
Miscellaneous	6
Where have Rotarians been?	8

Newsletter editor: Eva Alcerreca
iercnewsletter@gmail.com



RECENT MEETINGS AND EVENTS

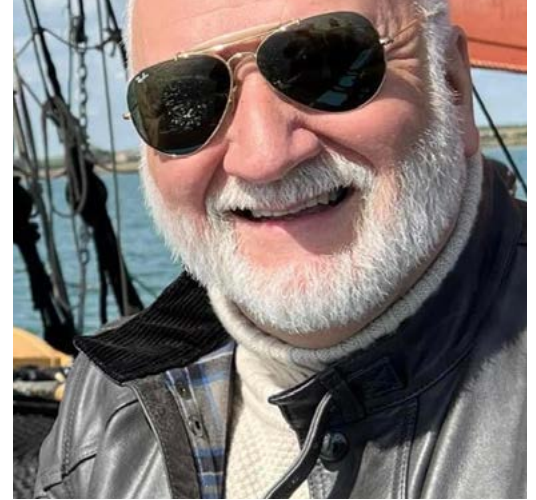
Steve Flory - Chairman of Ipswich Central

By Ed Nicholls

Sadly Nick Hulme could not attend our meeting on the 7th of January, as I suspect it has been an extremely busy period for him.

Fortunately, Steve Flory briefed us all in his new role as chairman of Ipswich Central. It appears to be quite a challenge in promoting the town centre whereby there appears to be quite an impact in trying to put Ipswich back on the map.

Thank you Steve and I am sure you will get all the support from us as you need.



AROUND IPSWICH

Inner Wheel's Day Walk and Brunch

Photos by Steph Mackentyre

Here are some photos of the annual walk to celebrate Inner Wheel Day, which this year was in aid of Hearing Dogs for the Deaf.

It looks like it was a very frosty morning, but the walkers enjoyed themselves, no doubt supported by the bacon and sausage baps provided!





The event took place at Bill and Monica's, from where Bill led the walkers (and doggies) out.

ANNOUNCEMENTS

Inner Wheel's Annual Trivia Quiz

Friday 7 February 2025 - The Annual Trivia Quiz at Tuddenham Village Hall gathering at 7:00pm for a 7:30pm start. Tables/teams of 6 people. Food is provided, but please feel free to bring your own drinks and nibbles.

The cost is £15 per head. All proceeds to go to the St Elizabeth Hospice.

Should you wish to attend either or both events please contact Rosey Waton on rosey.watson@sky.com



'John Riches' Race Night

in aid of Cancer Support Suffolk

Friday 21st March
Ipswich Golf Club
6:00pm for 6:45pm

£30 per person
(includes meal, plus tea and coffee)

Rotary
Club of Ipswich East



For dietary requirements, please contact
Ray Walters at raywalters099@gmail.com







29th June 2025
48th year

- Walk or run along the beautiful Orwell estuary
- Support our charity work and, if you like, raise funds for your chosen charity or good cause
- Walk between 3 and 25 miles
- Run a validated trail marathon, half marathon or ultra marathon (55k)

www.orwellchallenge.co.uk



In association with

MCP plc
Port Community Systems

Organisers

Media partners

Suffolk Sound
GOOD BY THE MERIT OF YOUR COMPANY

EAST ANGLIAN
DAILY TIMES

Rotary
Club of Ipswich East 

Ipswich East Rotary Club - Registered Charity No. 1088961

ROLLING CALENDAR

Date	Event
21st January	CPR training - Session to be held before our usual meeting that day. 11:15am for 11:30. David Cable Suite at the Indoor Bowls Club.
21st January	Speaker meeting: Liz Rogers - Slimming World. Details and registration via Wild Apricot.
27th January	Wolsey Club joint meeting and dinner. 6:30pm, Ipswich Bowls Club. Details and registration via Wild Apricot. Partners welcome.
28th January	Business meeting. Details and registration via Wild Apricot. Partners welcome.

Date	Event
31st January	Brickmakers Wood hedge planting - 10:00am. Please contact Andy if you can take part. More details on page 6.
7th February	Inner Wheel's Annual Quiz - Tuddenham Village Hall. More details on page 3.
10th February	Club Council meeting.
21st March	3rd John Riches Memorial Race Night. Ipswich Golf Club, 6:45pm. Details and registration via Wild Apricot.
29th June	Orwell Challenge - all hands on board!

At a glance: If you want to get an idea of what we have going on when, make sure to check out the calendar page on our website: <https://www.ipswicheastrotyclub.co.uk/calendar/>

You will be able to see what kind of events we have coming up, and you can also check against that when organising activities to avoid any clashes.

DUTY ROTARIANS AND LUNCH MENU

Date	Duty Rotarians	Menu*
21st January	John Barbour Eric Barnett	Beef bourguignon
28th January	Martin Hinton Lewis Tyler	Chicken and gammon pie
4th February	Ewan Dodds** Chris Harrall**	TBD
11th February	Neil Hewitt Elizabeth Hugues	TBD
18th February	Ross Lunney Ray Walters	TBD

If you're unable to be a duty Rotarian, remember it is your responsibility to look for a replacement, and please notify our Secretary Robin as well as Steve Flory of any changes.

** These duty Rotarians are looking for a replacement, please contact secretary Robin if you can help.

*Dietary requirements/Vegetarian option available upon request, please contact Steve Flory at steve.flory@hotmail.co.uk

UPCOMING PROJECTS UPDATES

We have a few projects and activities coming up, and volunteers are (usually) welcome. Please contact the relevant club member and join in!

- Planting day for Eden-Rose Coppice Trust - The Brickmakers Wood hedge planting, for the Eden Rose charity, is confirmed for Friday 31st January, meeting at the Back Hamlet entrance at 10:00am.

They have 400 saplings to plant. Volunteers to bring gloves and a flask of hot drink.

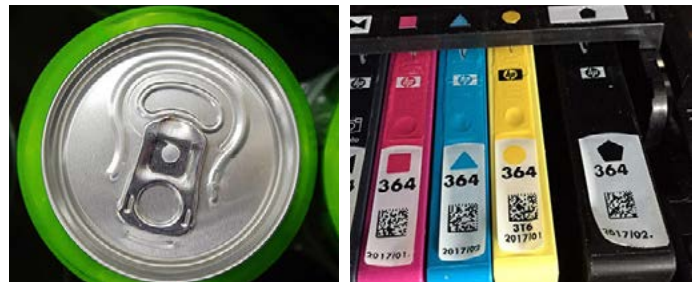
There will be tea and coffee making facilities and a loo!

Please let Andy Lewis know if you are able to help: andy.lewis.1000@hotmail.com

ONGOING COLLECTIONS

Remember we have an ongoing collection of ring pulls, as well as ink cartridges, which you can give to **Andy Lewis**.

The ring pulls are sent to the Philippines so that people there can make crafts to be sold, which helps them support their families.



John Button is still collecting postage stamps (they can be used ones), so if you're lucky enough to still receive any post with those, keep them and make sure to give them to him.

The Ipswich Rotary Club is collecting spectacles, which get forwarded to SpecSort York. After sorting and grading them, they're taken to Africa. Please contact Peter Rogers at: peterrogers327515@gmail.com.



MISCELLANEOUS

Generators for Ukraine - Delivered!

By Bob Parker

Through our collaboration with others, we have now delivered over 75 generator sets to the Ukraine; our club has contributed 4 and would like to participate on the next batch.

This has been achieved with help from Jeremy Fish (a Rotarian) at Ardent Plant, a large JCB dealer, who in turn put together a deal with JCB to get these

at cost and with cooperation with the JCB Polish dealers, also Rotarians, to deliver to Rotary in the Ukraine to deliver to the end users.

This has been a "Joined up project" and something we could not have done on our own, and has resulted in excellent value for every pound that our club has given to this project.

Ukraine, District Foundation and the Future... Food for Thought

By Bob Parker

After much discussion with District Foundation in the hope of getting a matching grant to put together a project to provide generator sets to the Ukraine to supplement and, in most cases, replace electric power generated from their national grid that has been taken down systematically by the Russians, in the end we had to go it alone as no funding was available.

This interaction with District Foundation led us to do this project on our own and with the assistance of a \$1000 donation from our twinned Club of Ipswich Mass and ourselves, sufficient funds were made available to purchase 3 generator sets, which were purchased from a JCB dealer in Bedford who had been allocated 75 generator sets at cost — being a very generous initiative from JCB.

This still leaves the club with a decision to make regarding what shape our future relations with District should be. The system is designed so that each club should make a donation to District Foundation, which then goes to the US; after three years, 50% of that donation is returned to the District to be used in matched funding projects (after a deduction of 4% for admin costs). The issue is that it seems to be weighted towards the US with diminished returns for the District, hence the reason why they have very little money to use for match funding locally.

An alternative that many clubs seem to adopt is, rather than the club making a donation on behalf of its membership (which we as a club used to do) of



about £1,000, to donate as individuals in a similar manner as we donate on a voluntary basis each January to the Club Community Fund. This would also qualify for Gift Aid, which would build up into a substantial fund. If we adopted this system, it would mean that it would be the club's money to spend as it felt fit, rather than it going to District with a begging bowl to collect nothing. At the moment, the club's Foundation Committee are at a crossroads with no money available from District and most of the club money going to support local initiatives. This way would not sacrifice the 50% of what is sent to District and we would collect Gift Aid.

We are designated "Rotary International", and whilst local support is our main thrust, we should not forget what is happening around the world affecting the lives of many that do not have the means to overcome such difficulties, often caused by politics and power struggles outside their control, resulting in such devastation as witnessed in Ukraine, the Middle East and so on.

What do you think?

The
Rotary
Foundation



WHERE HAVE ROTARIANS BEEN?



A brave little group of Club members braved the cold and had a day out checking the new King Charles III coast path, in advance of the Orwell Challenge.



Your editor Eva is still in Mexico visiting family and friends, and snapped this photo on her way from Guadalajara to Colima.



And that's it for today!

Just the usual reminder: to send photos, news, articles, stories, announcements, or any material (yes, even jokes) for publication in the newsletter, please address them to:

iercnewsletter@gmail.com

The deadline to receive items for publication will be the Friday prior to the next issue (so for the next issue, that will be 31st of January. Needless to say, I would be very grateful if members kept the deadline in mind for a timely publication of materials.

— Editor

STAY PAWsiTIVE!



LINGVISTOV.COM